

Recipes for winter arts and crafts



These recipes for homemade paints will give children an opportunity to explore and create frosty winter scenes.

Magic crystals: 2 Cups of water
2 Cups Epsom salts
Food coloring optional

In a saucepan, combine the water and Epsom salts. Bring to a boil. Stir the mixture and allow it to cool. If desired, add a few drops of food coloring. Let the child paint with this mixture on construction paper. The paint will dry to create clear or colored crystals.

Salt paint (no cook): 2 teaspoons salt
1 teaspoon liquid starch
A few drops of tempera paint

Mix the ingredients together. The salt gives a frosted appearance to the paint.

Activities from: The Mailbox Superbook Preschool