

It's nice to meet you!



Hand washing is the most important and the easiest way to keep yourself and other people healthy.

Put a little glitter or flour on some of the students' hands.

Have those students shake hands with other students, who then shake hands with other students, and so on. After everyone has shaken hands with at least two people, ask your students if they have glitter or flour on them. Discuss how shaking hands can spread germs and brainstorm ways to avoid the contact and spread of germs.

Repeat the activity, only this time have the students, with glitter or flour, wash their hands before they shake hands with other people.

Do the students notice a difference?